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KERRI POTTHARST

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- 3 X OLYMPIAN
- GOLD AND BRONZE MEDALLIST

KEYNOTE SPEAKER, MC AND GLOBAL SPORTS COMMENTATOR

“ From one of the world’s fiercest competitors
to one of Australia’s most inspiring speakers ”



ABOUT KERRI

Kerri Pottharst has spent a lifetime decoding human high performance. She is an Olympic champion who has dedicated her life to personal growth and evolution.

As a tall and lanky teenager, Kerri grew up in some ways feeling somewhat out of place. In discovering Volleyball she found a place she could call home, and it was from there she began to rise as one of Australia’s most promising young athletes.

The turning point came for Kerri at the height of her Indoor Volleyball journey when a brutal knee injury should have ended her career. But, what could have been the end, birthed a new beginning. With a winning mindset, she turned pain into purpose, and pivoted seamlessly into the world of Beach Volleyball. The rest, as they say, is history.

Most Australians will recognise Kerri who alongside Nat Cook became famously known as the DREAMACHINE after they won Gold in Beach Volleyball at the Sydney 2000 Olympics.

For Kerri, this was the culmination of a lifetime of hard work and training teamed with performance and mindset coaches, on and off the sand.

During that time, she competed in 3 Olympic Games, winning two Olympic medals – Bronze in Atlanta and Gold on the iconic Bondi Beach in Sydney.

Kerri is now a highly sought after Keynote Speaker, MC, Global Sports Commentator, Workshop Facilitator, Coach, Mentor and Author of *The Business of Being an Athlete*.

KEYNOTE SPEAKING

Upon retiring from international-level competition, like many world-class athletes, becoming a speaker was a possible next step. That said, the world of speaking, just like sport, is a game where only the best survive.

However, Kerri had a Gold Medal winning tool kit from her sporting experiences that would serve her well.

As a result, she has **spoken to audiences from top-tier corporate organisations in Australia and around the world for over 15 years.**

As a speaker, Kerri is **charismatic, yet credible.** She is **warm, yet at the same time, her content is designed to challenge audiences** to step into a new potential. She is a natural storyteller sharing personal anecdotes that are both emotional and meaningful.

Kerri is renowned for being the **consummate professional**, and thus she embraces a solutions-based mindset, and prides herself on ensuring her content is precise yet at the same time infused with aspiration for what’s possible tomorrow.

She **shares stories to entertain and motivate.** She also **shares the exact strategies** her team used and gives real ideas and tactics to educate and inspire her audiences to believe they too can achieve anything they set their minds to.



“ Kerri’s presentation was sensational and the combination of her talk with the glass walking worked perfectly. Her preparation and understanding of our current issues was also sensational. An incredible experience with a lasting impact ”

PROCTOR AND GAMBLE

WHY CHOOSE KERRI FOR YOUR EVENT?

Kerri is a modern day thought leader on what’s best described as the *Art of Human High Performance*.

Her expertise sits beautifully in the intersection of what it takes to be a world-class athlete alongside how that skill set is applied in **leadership, in building teams, cultures, and high- performing organisations**. Her core approach is to view human high performance as a holistic system that integrates all aspects of the mind, body and soul.

An expert at reinventing herself time and time again, Kerri can relate to the **constant need to deal with a changing world to stay successful and reach even greater goals**.

Her **Gold Medal Excellence strategies** are shared with **unforgettable tales** that combine motivational messages with fun.

What sets Kerri apart from other sports speakers is her **experience**, her **authenticity**, her **warmth** and her **ability to really connect** with her audience. Everyone can relate to Kerri and her journey and they will be moved by her stories.

SPEAKING TOPICS

- **Gold Medal Excellence – The Mindset of a Champion**
Kerri’s premier keynote in which she decodes Human High Performance. Kerri shares her incredible journey and the exact strategies and secrets used for success. She aligns these tools perfectly to her audience... to their personal and professional lives. Entertaining, inspirational and thought provoking spliced with a little authentic humour!
- **Don’t Just Think It, Ink It!**
A practical workshop for goal setting (whether personal or business) designed to meet your current needs. The workshop is also filled with Kerri’s personal stories and success strategies.
- **Fit for Business – Corporate Athlete Training (Health and Wellness)** A practical and eye opening workshop designed to take your staff’s health and wellness to the next level. Kerri covers Nutrition, Hydration, Movement, Recovery and Mindset in an easy to digest and fun atmosphere.



STILL PUSHING HER LIMITS

Kerri was always looking for the next challenge after retiring from a long and successfully athletic career. So, when Channel 7’s SAS Australia team knocked on the door, she couldn’t resist! Having learnt how to silence her fears and doubts to perform at her peak in sport, she wanted to see if she still had the skills to do it again, this time on a TV reality show that was notoriously physically and mentally gruelling. Kerri also had a huge intention:

“To inspire other women to show up for their best life. Regardless of the risks, the fear or the doubt, we will never evolve into a version of ourselves that is better than today unless we continue to say yes to new challenges.”

Be inspired by her journey of just getting to the start line and take away some powerful strategies to hush those doubts and move forward despite of fear.



KERRI POTTHARST



THE WALK OF COURAGE

Palms start sweating and hearts start racing as Kerri encourages participants to step out of their comfort zone and challenge their beliefs by walking across broken glass.

Most people are completely unaware that they possess the courage to do the things they never thought possible. Most people play it safe. They are afraid of venturing into the unknown.

The Walk of Courage will challenge their current beliefs, it will make them face their fears and it will be something they'll remember for a very long time!

"The confidence in which Kerri carries herself is a major positive. Too often personalities do not take the time to interact with the audience once their responsibilities have concluded. Her attitude and enthusiasm in networking with the audience perfectly complements her on stage performances. A world class athlete and champion person"

SUNCORP METWAY

"Kerri involved the right amount of humour, motivation and information to ensure she was the highlight of the evening. She was then happy to stay on and speak on 1-on-1 to selected VIP's visiting from France"

ACCOR

"Kerri was one of the best speakers and we would love to get her back to speak again. I would recommend her to anyone looking for an inspirational and motivational guest speaker"

TABCORP

"I had the pleasure of having Kerri speak at a management event last year and she was fantastic!"

WESTPAC

"Kerri understands what it takes to be world class and the process it takes to execute and deliver on a dream. Only a few win Olympic Gold Medals and even fewer can articulate the process that produces such a world class result! Thanks Kerri for your generosity and insights!"

MINDSENSE

"An amazing session that completely exceeded our expectations"

AMP

"I booked Kerri to speak at an event we held at the Sydney Opera House. She definitely stands out as one of the best speakers I've booked in the last 15 years. Kerri has such a great natural energy, her presentation style is flawless and she is completely engaging. She tells her inspiring story with such passion and enthusiasm, and conveys her message of strength and perseverance in such a way that you naturally apply it to your own life"

NATIONAL EVENTS AND TRAINING MANAGER,
PRD REAL ESTATE

